

**HI LOVE!**

***Here is the list of materials to gather for our upcoming Magical Mandala Self-Portrait Course!***

*\*Some of these materials you will need to purchase. (I suggest going to your local art store or ordering online: Michaels, Hobby Lobby, CraftBarn, Amazon...) Make sure you give yourself some time to get the supplies together. You may need to order canvas etc. so don't leave it to the last minute. xo*

**SUPPLIES:**

**MATERIALS NEEDED FOR THE FIRST CLASS**

1. **Canvas** (please see description of choices below and give yourself time to order/purchase this) **NOTE:** If you are not able to get the canvas for the first class - instead, please bring several pieces of unlined paper
2. **paintbrush** (Any kind will do for this first class - See description of brushes in full list)
3. A handful of **dirt**
4. **Pencil, eraser**, pencil sharpener
5. **Ruler** or yard stick
6. A **bowl**
7. Cup of **water**

## CANVAS INFORMATION! CHOOSE YOUR MANDALA SIZE!

### How big do you want your mandala to be?

I recommend no smaller than **12"x12"** and no bigger than **30"x 30"**.

You may make this choice based on a number of factors. If you are new to painting you may start out smaller. Or, perhaps you have a vision of how large you want the piece to be on your wall when it is complete and that will influence the size you want the piece to be! Whatever you choose is perfect.

## FULL LIST OF MATERIALS FOR CLASS:

1. **Canvas** (please see description of choices below and give yourself time to order/purchase this)
2. **Black and white acrylic paint** (6oz or larger tubes)
3. **Minimum three colors of acrylic paint** that you find pleasing. (6oz or larger tubes)
4. **Inexpensive brushes** of a variety of sizes. If you don't have any brushes already, I recommend having these three brushes, or buy an inexpensive set that has a variety of sizes.

One Flat ("Bright") brush between 1/2" to 3/4"

One round brush between a size 8 to 16.

One fine "liner" round brush around a size 2 or 3.

5. **Matt Medium**, small bottle. (You can also use Elmers glue in a pinch)
6. **Blue painter's tape**. (these peels up easily so I prefer using it, but masking tape will work too)
7. Piece of **vine charcoal** (optional)
8. **flat-headed tacks**/or upholstery tacks (at least 10)
9. **piece of cardboard** (10"x10" or larger)
10. A handful of **dirt**
11. ground **turmeric or ginger**.
12. **Pencil, eraser**, pencil sharpener
13. **Ruler** or yard stick
14. Piece of **string**, yarn, or strong thread at least 36" long.
15. Several **paperclips**
16. A **bowl**
17. **Scissors**
18. **Container** to rinse brushes
19. **Plate** or plastic lid to mix colors on
20. Blank white **paper** (several sheets)

21. Something to **protect your table surface**, like newsprint or a plastic covering.

Phew! That's a lot of information...I know. Take a big breath.  
We are going to have SOOOO much fun!

*With love and appreciation,*

*Kari*